



## 2021 EOCCO Community Health Plan (CHP) for Malheur County

### **PRIORITY ISSUE #1:**

#### **Service Access and Availability**

- Children and Families
- Individuals in Poverty
- Racial and Ethnic Minorities, including Immigrants and Refugees
- Individuals with Disabilities
- Uninsured or Underinsured
- Residents Living in Rural Areas
- Older Adults

### **PROBLEM IDENTIFIED:**

Many residents in Malheur County have limited access to healthcare and other resources and live in isolation.

### **DATA AVAILABLE:**

- Community Health Assessment data, obtained by the EOCCO during county specific focus groups, indicates a growing community concern for community member access to and the availability of healthcare services (EOCCO Community Health Assessment, Malheur County 2019).
- Malheur County has one of the most diverse county populations in the state, including a growing refugee population (Portland State University, Center for Population Research and Census).
- Malheur County did not meet the Childhood Immunizations Incentive Measure Target for 2018 (EOCCO Incentive Measure Report, 2018).
- Malheur County continues to see a need in areas of Kindergarten Readiness Assessment, such as interpersonal skills, self-regulation, approaches to learning, and letter names (Oregon Department of Education).
- 55% of Malheur County children ages 3-4 were not enrolled in preschool in 2017 (Oregon Department of Education).
- In 2017 32.2% of members enrolled in the EOCCO in Malheur County did not have a primary care visit (EOCCO Cost and Utilization Report, 2017).
- The rate of EOCCO non-traumatic dental visits to the emergency department is higher in Malheur County than in Oregon overall (Emergency Department Visits for Non-Traumatic Dental Problems, OHSU).
- In 2017, the rate of individuals with a recognized disability status in Malheur County was 24.2% (American Community Survey).
- Generational poverty in Malheur County and surrounding areas is a prime contributor to the health inequities. 24.8% of residents are in poverty, compared to 15.7% statewide.
- There are an estimated 9,005 individuals ages 55+ living in Malheur county, and an estimated 24.3% of them live alone (American Community Survey, 2011-2015).

- Service providers report that there is insufficient direct outreach to target populations; many who need care do not seek it, or do not follow through on referrals.

#### **GOALS:**

- Increase access and availability of healthcare and dental services for vulnerable populations.
- Increase access to interpretative and translation services.
- Increase access to early learning services, screenings, and home visiting.
- Increase access to resources and social networks for isolated populations.

#### **ACTION PLAN:**

- To support, facilitate, and promote health fairs or other community based preventative care or activities, incorporating linguistic access to all local populations.
- Continue to engage existing and new health providers in monthly LCAC meetings and strengthen collaboration.
- Review and distribute information about system resources and available county services for preventative health care.
- Review systems barriers that prevent vulnerable populations from receiving care.
- Review EOCCO Incentive Measure data related to preventative health and vulnerable populations during monthly LCAC meetings and provider specific meetings.
- Identify programs that could benefit from initial or additional financial support, and connect them with potential funding sources.

#### **ESTIMATED BUDGET NEEDED:**

- Outreach, health fairs and/or event promotion and program supplies annually, estimated \$35,000.
- Initial or additional financial support for new or existing programs, as identified.

#### **POTENTIAL FUNDING SOURCES:**

- EOCCO LCAC Community Benefit Reinvestment Funds
- EOCCO Transformation Grant Funding
- Saint Alphonsus Community Benefit Funds
- Regional/State Foundations
- Corporate partners (in-kind and donations)

#### **PRIORITY ISSUE #2:**

##### **Behavioral Health**

- Behavioral Health Service Access and Availability
- Depression Screening and Follow Up
- Suicidality and Suicide Prevention
- Substance Use Disorder screenings
- Adverse Childhood Experiences (ACES)

### **PROBLEM IDENTIFIED:**

Malheur County residents have high incidents of behavioral health concerns and child maltreatment and could benefit from increased access to and utilization of behavioral health care, preventative care, and behavioral health education services.

### **DATA AVAILABLE:**

- In 2015, more than 20% of adults on the Oregon Health Plan in Malheur County were diagnosed with a mild to moderate mental health condition, and over 13% were diagnosed with a severe mental health condition (Malheur County Behavioral Health Profile, 2015).
- In 2015, more than 20% of young adults on the Oregon Health Plan in Malheur County were diagnosed with a substance abuse condition (Malheur County Behavioral Health Profile, 2015).
- In 2017, the Opioid Prescribing rate/100 persons for Malheur County was 131.8, compared to the national rate of 58.7 (CDC National Center for Injury Prevention and Control). Malheur County overdose death rates are the highest in Eastern Oregon, and Malheur 3-year death rates are consistently well above statewide overdose death rates (Oregon Prescribing and Drug Overdose Data Dashboard, Oregon Health Authority).
- In 2017, Malheur County's child abuse victim rates and number of children in foster care were more than twice that of Oregon overall (Oregon Department of Human Services).
- In 2017, the suicide rate for Malheur county was higher than Oregon overall (OHA Center for Health Statistics).

### **GOALS:**

- Increase and normalize access to behavioral health services for Malheur County residents.  
Decrease mental health stigma.
- Increase education and support services.
- Improve referral process.
- Increase the frequency of depression screening and appropriate follow up.
- Increase the utilization of Trauma Informed Practices.
- Increase community knowledge of and access to substance abuse services.

### **ACTION PLAN:**

- To support, facilitate, and promote health fairs or other community based preventative care activities, including behavioral health providers and partners.
- Continue to engage existing and new behavioral health providers in monthly LCAC meetings and strengthen collaboration.
- Review and distribute information about system resources and available county services for behavioral health care and Trauma Informed Care.
- Review systems barriers, including stigma, that prevent Malheur county residents from receiving care.
- Review EOCCO Incentive Measure data related to behavioral health during monthly LCAC meetings and provider specific meetings.
- Identify programs that could benefit from initial or additional financial support, and connect them with potential funding sources.

### **ESTIMATED BUDGET NEEDED:**

- Outreach, health fairs and/or event promotion and program supplies annually, estimated \$35,000.
- Initial or additional financial support for new or existing programs, as identified.

### **POTENTIAL FUNDING SOURCES:**

- EOCCO LCAC Community Benefit Reinvestment Funds
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### **PRIORITY ISSUE #3:**

#### **Social Determinants of Health**

- Transportation
- Food Security
- Housing

### **PROBLEM IDENTIFIED:**

Health and overall well-being are influenced by social determinants of health. A lack of resources to support the basic needs of an individual or family unit will have a negative impact on health outcomes.

### **DATA AVAILABLE:**

- In 2017, 71.9% of children in Malheur County school districts qualify for free and reduced lunch (Oregon Department of Education).
- In 2017, 12.9% of individuals in Malheur County are estimated to be food insecure (American Community Survey).
- In 2017, 9% of individuals in Malheur County report having no personal transportation within their household (American Community Survey).
- In 2017, 51.3% of renters in Malheur County spend more than 35% of their income on rent (American Community Survey).

### **GOALS:**

- Increase access to healthy and sustainable sources of food for Malheur County residents.
- Increase access to safe and reliable transportation for Malheur County residents.
- Increase access to safe, affordable, attainable housing options and supportive services that are sustainable.

### **ACTION PLAN:**

- To support, facilitate, and promote resource fairs or other outreach at community-based activities.
- Continue to engage existing and new social service providers in monthly LCAC meetings and strengthen collaboration. Reach out to include housing advocates and low-income housing providers.
- Review and distribute information about system resources and available county services for social determinants of health.
- Review barriers related to social determinants of health that prevent Malheur county residents from receiving care.
- Identify programs that could benefit from initial or additional financial support, and connect them with potential funding sources.

### **ESTIMATED BUDGET NEEDED:**

- Outreach, health fairs, and/or event promotion and program supplies annually, estimated \$35,000.
- Initial or additional financial support for new or existing programs, as identified.

### **POTENTIAL FUNDING SOURCES:**

- EOCCO LCAC Community Benefit Reinvestment Funds
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